

Faecal Occult Blood Test

Patient Information

Your Doctor has asked you to collect
**3 faecal samples over 3 separate bowel
movements for Pathology testing.**

Do not collect faeces samples if:

- You are menstruating (or have finished your menstrual period in the past 3 days).
- You have bleeding haemorrhoids.



Write your **full name, date of birth, and time and date** on a clean collection tube.

Urinate if needed and flush the toilet.

Place the provided toilet liner between the toilet seat and lid (the toilet liners contain picture instructions for your reference).

Pass your faeces onto the liner, avoiding contamination with toilet water.

Twist the green cap with probe off the collection tube (avoid spilling the preservative inside) and insert the green probe into your faeces 5 times in different locations.

Place probe back into the collection tube and push green lid down until you hear a click, then shake container vigorously to ensure the preservative mixes with your sample.

Follow this procedure for 3 separate bowel movements.

Samples should be stored in the refrigerator.

Once all 3 samples have been collected, return them and the accompanying request form to an Austin Pathology Collection Centre within 5 days of the first collection.

www.austinpathology.org.au | 03 9496 5472



For Collection Centre Locations
please visit our website:

www.austinpathology.org.au/collection-centres